

COLONOSCOPY BOWEL PREPARATION

SUTAB[®]

(sodium sulfate, magnesium sulfate, and potassium chloride)
Tablets

1.479 g/0.225 g/0.188 g

NAME: _____

DATE: _____

ARRIVAL TIME: _____

Read these instructions at least **ONE WEEK** before your scheduled appointment so that you understand how to adequately prepare for the colonoscopy procedure. It is very important that you follow all instructions carefully because inadequate bowel preparation can result in missed lesions, increased procedural time, a potential increase in complication rates and may require that your procedure be rescheduled.

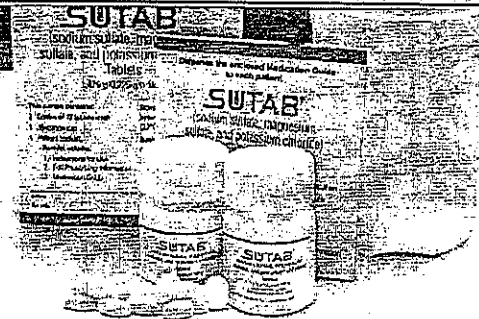
In addition, please contact your insurance company to determine if you will have any out-of-pocket cost for your procedure.

If you have any questions about your procedure preparation or medication guidelines, please contact your scheduler,

_____ at (614) 458-1183, extension # _____

The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tablets each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.



DOSE 1—On the Day Prior to Colonoscopy

Take the tablets with water

STEP 1 Open 1 bottle of 12 tablets.

STEP 2 Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water, and drink the entire amount of water over 15 to 20 minutes.



IMPORTANT: If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until your symptoms diminish.

Drink additional water

STEP 3 Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

STEP 4 Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

DOSE 2—Day of the Colonoscopy

- Continue to consume only clear liquids until after the colonoscopy.
- The morning of colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 4 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from Dose 1.



IMPORTANT: You must complete all SUTAB tablets and required water at least 2 hours before colonoscopy.

Procedure Location

Go to Outpatient Registration at the location indicated below.

Downtown Endoscopy Center
700 E. Broad St., 1st Floor
Columbus, OH 43215

Westerville Endoscopy Center
300 Polaris Parkway, Suite 1500
Westerville, OH 43082

Riverview Surgery Center
2401 N. Columbus St.
Lancaster, OH 43130

Grant Medical Center
Surgical & Heart Entrance
300 E. Town St.
Columbus, OH 43215

Other: _____

On the Day Before Your Procedure

What You CAN Do

- You may have clear liquids.

What You CANNOT Do

- Do not drink milk or eat or drink anything colored red or purple.
- Do not drink alcohol.
- Do not take other laxatives while taking SUTAB® (sodium sulfate, magnesium sulfate, and potassium chloride) tablets.
- Do not take oral medications within 1 hour of starting each dose of SUTAB.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin, chlorpromazine, or penicillamine, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of SUTAB.

Liquids That Are OK to Drink

- Coffee or tea (no cream or nondairy creamer)
- Fruit juices (without pulp)
- Gelatin desserts (no fruit or topping)
- Water
- Chicken broth
- Clear soda (such as ginger ale)

Note

- SUTAB is an osmotic laxative indicated for cleansing of the colon in preparation for colonoscopy in adults.
- Be sure to tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUTAB may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within 1 hour before the start of each dose of SUTAB.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension, vomiting, and upper abdominal pain.
- Contact your healthcare provider if you develop significant vomiting or signs of dehydration after taking SUTAB or if you experience cardiac arrhythmias or seizures.
- If you have any questions about taking SUTAB, call your doctor.

(Please see the other page for additional instructions.)

Please read the full Prescribing Information and Medication Guide in the kit.

To learn more about this product, please call 1-800-874-6756.

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BIOPSY RESULTS

If biopsy is taken during your procedure, we will contact you with those results within 7-10 business days after your procedure. If you do not hear from us, please call our office at (614) 458-1183 and dial the corresponding extension for your physician's medical assistant:

Dr. Gordon Kim (ext. 230)
Dr. Tasos Manokas (ext. 248)
Dr. Adam Tzagournis (ext. 222)
Dr. John Tzagournis (ext. 226)
Dr. Michael Tzagournis (ext. 225)

TRANSPORTATION

For your safety, you must have an adult accompany you to the procedure and remain at the facility the entire time. Due to the medications you will be given, you will be unable to work, drive, or take public transportation after your procedure. It is a good idea to arrange for an alternate person to accompany you in the event that your primary support person is unable to do so.